



ABOUT ROCK COUNTY OPPORTUNITIES



OUR MISSION

To empower people of all abilities to achieve all they can in the community, workplace, and in life, so they can realize their dreams.

OUR VALUES

Meaningful Work, Safety, Integrity, Community, Honesty

OUR HISTORY

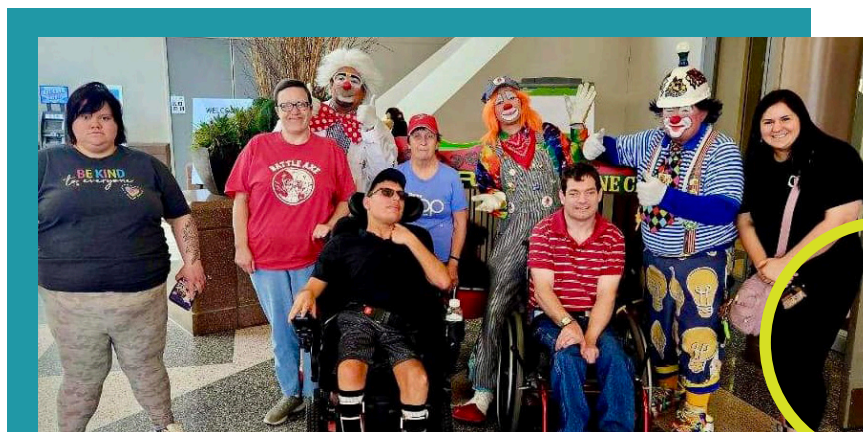
RCO's founding date as a private non-profit organization was January 20, 1967. We began as the Day Activity Center in the basement of St. Catherine's Church in Luverne serving only two children. In 1979, we moved to our current location at 807 West Main. We officially became Rock County Opportunities (RCO) in 2007. Today RCO provides person-centered services to over 100 individuals and their families in four counties in Southwest Minnesota. We know that when we work together to empower people of all abilities, they can realize their dreams!

LICENSING & CREDENTIALS

Rock County Opportunities is fully licensed and regulated to ensure the highest quality of care and services:

- **Department of Human Services Licensed**
- **Home and Community Based Services Provider**
- **245D Licensed** – Meeting Minnesota's comprehensive standards for disability services
- **DEED** – Vocational Rehabilitation Services (VRS) Community Partner
- **Commission on Accreditation of Rehabilitation Facilities (CARF) Accredited** – committed to person-centered, high-quality services

Our licensing ensures that all services meet state requirements for safety, quality, and person-centered care.



SELF-DIRECTED PERSON-CENTERED SERVICES

Individuals served by Rock County Opportunities can participate in self-directed services that empower them to make choices about their own support and care. This approach allows participants to take an active role in designing and directing the services that best meet their personal goals and needs.



WHO WE SERVE

RCO serves children and adults with varying degrees of disabilities including:

- Autism
- Behavior Disorders
- Brain Injury
- Cerebral Palsy
- Down Syndrome
- Fetal Alcohol Syndrome
- Intellectual Disabilities
- Mental Health Challenges
- Physical Disabilities

AVAILABLE SERVICES



HOME SERVICES

BASIC SUPPORT SERVICES

Flexible support when you need it most

- **Respite Care** – Available in-home or out-of-home to provide temporary relief for families and caregivers
- **Individualized Home Supports** – Customized assistance tailored to each person's unique needs and goals

IN-HOME SUPPORT SERVICES

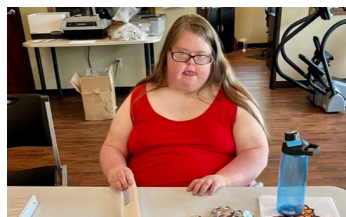
Comprehensive support with skill building

- **Individualized Home Supports with Training** – Personalized assistance combined with skill development to promote independence and community integration

DAY SERVICES

Meaningful daytime activities and preparation

- **Skill Building** – Job readiness training and skill development to prepare for employment opportunities with staff support and coaching
- **Learn new skills** – cognitive, social-emotional, physical, creative, life and self-advocacy
- **Day Enrichment** – On-site and On-line classes and opportunities to explore interests, build relationships and meet new friends
- **Community Enrichment** – Structured activities, social engagement, volunteer opportunities, and community participation programs



EMPLOYMENT SERVICES

Pathways to meaningful work and career development

- **Vocational Employment Development Services** – Comprehensive job preparation, placement assistance, and career planning
- **Vocational Employment Exploration Services** – Discovering interests, abilities, and career possibilities through hands-on exploration
- **Vocational Employment Support Services** – Ongoing workplace coaching and support to ensure job success and retention
- **Supported Group Employment** – Work with a team of peers through strategic partnerships with local businesses to develop new skills and increase opportunities of employment
- **Competitive, Integrated Employment** – Employment at community businesses with support of an Employment Specialist

TRANSPORTATION

RCO provides safe, dependable, clean, and courteous transportation for clients in our programs. Transportation varies by service with the ability to partner with United Community Action Partnership for additional transportation needs.



SERVICE INFORMATION

WAIT LIST & SERVICE AVAILABILITY

Due to high demand for our quality services, some programs may have waiting lists. We work diligently to match individuals with appropriate services as quickly as possible and will keep you informed throughout the process. Individuals added to the wait list will be notified upon being added and contacted by RCO upon admission to the program of their choice.

SERVICE TRANSITION AND EXIT CRITERIA STATEMENT

Individuals receiving services through Rock County Opportunities' DHS 245D licensed programs may transition to different service levels or exit services when they have achieved their individualized goals, no longer require the current level of support, or when circumstances change that affect their service needs. All service transitions and exits are planned collaboratively with the individual, their support team, and case manager to ensure continuity of care and successful outcomes.



SUPPORT TEAM NOTIFICATION STATEMENT

Your support team and decision-making entity at Rock County Opportunities includes, but is not limited to, the Executive Director, Program Director, Program Manager, Employment Specialist, Designated Coordinator, and Direct Support Professionals who work together to provide coordinated services and support. This team collaborates to ensure you receive comprehensive, individualized services that meet your needs and help you achieve your goals.

RATES AND PAYMENT OPTIONS

RCO is a Licensed 245D Provider. RCO programs and services can be funded through the Elderly Waiver (EW), Brain Injury (BI), Community Alternative Care (CAC), Community Access for Disability Inclusion (CADI), Developmental Disabilities (DD), and Consumer-Directed Community Supports (CDCS) Waivers.

The main payer source for Minnesota DHS Home and Community-Based Services (HCBS) is Minnesota Health Care Programs (MHCP), particularly through the state's Medicaid HCBS waivers and the Alternative Care (AC) program.

Rates are set by the State & are not controlled by the Case Manager or RCO. Rates can increase or decrease based on the State Legislature. Other payer sources can include Private Pay, Support Grants and Contracted Services

SERVICE LOCATIONS

RCO is in Luverne, MN and provide services to the following counties: Rock, Pipestone, Nobles, Lyon and Murray.





507-283-4582 | info@rockcountyopp.org

Standard Hours of Operation

Monday – Friday | 8am – 4 pm
(hours vary based on service)